



Food From Heaven - Exodus 16

[Click Here to Watch the Bible Story](#)

God Connection

God fed His people

Talk About the Scripture at Home

After the Israelites crossed the Red Sea, they traveled for many days. They were tired and hungry. They complained to Moses, "There is nothing to eat in the desert. At least we had food in Egypt! Now we are starving!" God heard them. That evening, God sent birds called quail for the Israelites to eat. The next morning, God sent bread from heaven. It was called manna and tasted like honey! The Israelites found the manna on the ground, but they complained again saying "We are thirsty!" Moses asked God what to do. God said, "Hit the rock with your staff." When Moses hit it, cool, fresh water gushed out for everyone to drink. While they were in the desert, the Israelites would not go hungry or thirsty again.

Is it amazing how God provided for His people?! They had just crossed THROUGH the Red Sea and saw God's power and provision displayed in a big big way! Yet, the minute they got hungry and thirsty, they started complaining and even said that at least they had food in Egypt. Can you believe that?! But God heard them and was gracious towards them and gave them food to eat!

***Pray:** God, help us to see that you are working everything in our lives out for our good and for your glory. Thank you for loving us and for all the blessings you have given us. Help us to feel your presence with us in the good times and in the hard times. We love you, God. Amen!*

Memory Verse

But God shows His love for us that while we were still sinners Christ died for us.

Romans 5:8

Core Catechism Questions

Q: Who made you? A: God!

Q: What else did God make? A: God made all things

Q: Why did God make you and all things? A: For His glory!

Q: How can you glorify God? A: By loving Him and doing what He commands.

Worship at Home

[Click Here to Listen to Our Nursery Playlist on Spotify](#)