

“MEDITATING AND WALKING”
PSALM 119:97-112 (STANZAS 13-14)

Because God makes us wise through His Word, let us walk in the light of His Word.

13. Mem: Meditating on the riches of God’s Word (vv. 97-104). In the thirteenth stanza, for the first time in Psalm 119, the psalmist makes no petitions because he is bursting forth in praise to God for the riches of His Word. First, the psalmist praises God for His Word because, as he continuously meditates on the Word (v. 97), it makes him wiser than his enemies (v. 98), his teachers (v. 99), and the elderly (v. 100). Second, the psalmist praises God for His Word because it has taught him how to live by avoiding every evil way to pursue every good and wise way (vv. 101-104). As we look to live out this passage, may we remember that wisdom from experience is good, but wisdom from the Word is best.

14. Nun: Walking in the pathway of God’s Word (vv. 105-112). In the fourteenth stanza, the psalmist continues the imagery of walking on the path of God’s life-giving Word by stressing the light that it gives in a dark world. First, even though the psalmist is facing affliction again, he has God’s Word to guide and direct his every step (vv. 105-108). Second, like the Israelites wondering through the wilderness, the psalmist sojourns through this world with the Word as his blessed Promised Land that causes him to overflow with joy (vv. 109-112). As we look to live out this passage, let us not only study the Word but walk in the light-giving path of God’s Word (v. 105).

APPLYING THE WORD

Meditating on God’s Word fills us with wisdom (vv. 97-100)

- Looking carefully at verses 97-100, what is the relationship between meditation and wisdom?
- Just as the psalmist cannot help but meditate on the Word of God (v. 97), what steps can we take to view biblical meditation as something we can’t help but do instead of something we have do?

Meditating on God’s Word moves us to action (vv. 101-104)

- Like the psalmist, how does the joy of biblical meditation lead to true living (vv. 101-104)?

Walking in the path of God’s Word (vv. 105-108)

- How does this stanza remind us that Bible study is not just about reading but about “doing” (Jm 1:22)?
- Where do you most need the light-giving wisdom of God’s Word in this season of your life (v. 105)?

Loving the light of God’s Word (vv. 109-112)

- Like the psalmist, what does it look like to view the Scriptures as a blessing in themselves (vv. 111)?

WALKING IN THE WORD THIS WEEK

13. Mem (vv. 97-104)

Prayer	Lord, thank you for giving and teaching us the riches of your wisdom-giving Word.
Practice	Write out your own prayer praising God for the riches of His wisdom-giving Word.

14. Nun (vv. 105-112)

Prayer	Lord, as I walk through this world, guide my every step by the light of your Word.
Practice	Reflect this week on how the light of the Word has guided your steps in this world.
