

“THE LORD COMFORTS AND CARES”  
PSALM 119:49-64 (STANZAS 7-8)

*Because God comforts us through His Word, let us make it our passion to keep His Word*

**7. Zayin: The LORD comforts us through His Word (vv. 49-56).** In the seventh stanza, the psalmist is in affliction, but the promises of God are his solace and strength. First, verses 49-52 teach us that remembering God’s Word is our comfort in crisis. Therefore, like the psalmist, what we need to face the troubles of today is supplied by looking back on God’s promises. Second, verses 53-56 show us that as we remember God’s promises they turn our struggling into singing. In Scripture, singing is a sign of hope and joy. Like Daniel in the lion’s den (Dan. 6), the psalmist is in affliction, but he is not without comfort and blessing. As we live out this passage, our comfort in affliction is not what we have around us, but God’s promises toward us.

**8. Het: The LORD cares for us through His Word (vv. 57-64).** In the eighth stanza, the sufficiency (v. 57) and steadfast love of God (v. 64) make the psalmist passionate to keep God’s commands. First, verses 57-60 reminds us that to have the presence of God is to have all that we need. Like the tribe of Levi who received no land (Deut. 10:9), for the LORD to be our portion, is to have God provide all that we need (Phil. 4:10-13). Second, verses 61-64 reveal that the psalmist is not alone because he belongs to the people of God (v. 63) and lives in a world that is flooded with God’s love (v. 64). As we live out this passage, let us remember that because God cares for us we should be passionate to keep his commands.

APPLYING THE WORD

**Remembering God’s Word is our comfort in crisis (vv. 49-52)**

- Like the psalmist, what ways has God comforted you during difficult times in your life (v. 50)?
- Practically, how can we remember the comfort of God’s Word in difficult times (v. 52)?

**Remembering God’s Word turns our struggling into singing (vv. 53-56)**

- What gospel hymns and Scriptural songs have strengthened your soul in difficulty (v. 54)?

**To have the presence of God is to have all that we need (vv. 57-60)**

- How does remembering that “the LORD is my portion” challenge and comfort you (v. 57)?
- What distractions keep you from the spiritual habit self-examination in this season (v. 59)?

**To know the love of God is to learn the ways of God (vv. 61-64)**

- In what ways has being in gospel community helped you learn the ways of God (vv. 63-64)?

WALKING IN THE WORD THIS WEEK

**7. Zayin (vv. 49-56)**

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<b>Prayer</b>	Lord, as I remember your Word comfort me through your Word (2 Cor 1:3-4).
<b>Practice</b>	Like the psalmist, select hymns of hope to sing in the midst of struggle (v. 54).

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**8. Het (vv. 57-64)**

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<b>Prayer</b>	Lord, help me remember that to have you is to have all I need (Phil 4:10-13).
<b>Practice</b>	Spend time in self-examination this week to run in God’s Word (vv. 59-60).

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