



Discipleship Resource

“Distraction and Devotion”

Luke 10:38-42

Scripture Memory

41“Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

Luke 10:41-42 (ESV)

Sermon Summary

In Luke 10:38-42, we see the tenderness of Jesus inviting us out of anxious distraction and into peace-producing devotion. Like many today, Martha was distracted (v. 40), anxious (v. 41), and troubled (v. 41). From this passage, we see that being with Jesus must precede doing for Jesus. Only undistracted worship of Jesus provides the inner peace we desperately need.

Discussion Guide

- What are some good things that can distract us from the best of things?
- Why is it necessary to remember that being with Jesus precedes doing for Jesus?
- Like Martha, what is distracting you from devotion to Jesus in this season?
- Where is God leading you to slow down and sit with Him in undistracted worship this week?

Prayer Guide

- As a disciple, praise God that He invites us to be with Him before doing anything for Him.
- For your family, pray that our homes would be a place of undistracted worship.
- For our church, pray that our church would be a devoted and not distracted people.
- For our city, pray that the church would serve our city out of undistracted devotion to Jesus.
- For our world, pray for peace in these distracted, anxious, and troubled times.